

ALM Later Life Care Elective 2025

Date & Time	Session Plan
Thursday 27/02/25 7 – 9pm Venue: St. Margaret's Church, 1a St Margaret's Close, Ingol, Preston, PR2 3ZU	Biblical Perspectives on Ageing <ul style="list-style-type: none"> • Brief overview of the course and its aims. • Why this ministry? • Biblical reflections on ageing (1) • Explore the inspiration of contemporary elders. • Introduce the concept of Anna Chaplaincy.
Thursday 6/03/25 7 – 9pm Venue: St. Margaret's Church	Spirituality in later life: Listening to stories <ul style="list-style-type: none"> • Western understandings of ageing. • What is spirituality and the spiritual tasks in later life? • How do we listen to each other's stories?
Thursday 13/03/25 7 – 9pm Venue: St. Margaret's Church	Ageing and Frailty: Supporting worship <ul style="list-style-type: none"> • Biblical reflections on ageing (2) • How do we age physically changes. • How does aging impact on participation in church and worship? • Good practice in worship and ministry.
Thursday 20/03/25 7 – 9pm Venue: St. Margaret's Church	Spiritual Care for people with memory issues, dementia and in care homes <ul style="list-style-type: none"> • Overview of living with dementia • How to develop dementia friendly churches and Dementia Friends • Overview of ministry with care homes • Experience dementia friendly worship
Saturday 29/03/25 10am – 3pm Venue: St. Margaret's Church	Walking each other home: End of Life Care <ul style="list-style-type: none"> • Biblical Reflections on Ageing (3) • Experiences of living with advancing frailty. • Explore the role of spiritual care as part of end-of-life care in hospital, care home, at home and in hospice. • Introduce hospice and palliative care. • Opportunity to discuss difficult questions.
	Reflections and Next Steps <ul style="list-style-type: none"> • What next for each participant? • Anna Chaplaincy • Closing Worship